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CLAIMS

What is claimed is:

- 1. An isolated nucleic acid fragment comprising a promoter wherein said promoter consists essentially of the nucleotide sequence set forth in SEQ ID NOs:6, 14, 15, or 16 or said promoter consists essentially of a fragment or subfragment that is substantially similar and functionally equivalent to the nucleotide sequence set forth in SEQ ID NOs:6, 14, 15, or 16.
- 2. A chimeric gene comprising at least one heterologous nucleic acid fragment operably linked to the promoter of Claim 1 or Claim 10.
 - 3. A plant containing the chimeric gene of Claim 2.
- 4. The plant of Claim 3 wherein said plant is a monocot selected from the group consisting of corp, rice, wheat, barley and palm.
- 5. The plant of Claim 3 wherein said plant is a dicot selected from the group consisting of *Arabidopsis*, soybean, oilseed *Brassica*, peanut, sunflower, safflower, cotton, tobacco, tomato, potaty, and cocoa.
 - 6. The plant of claim 5 wherein said plant is soybean.
 - 7. Seeds of the plants of Claims 3, 4, 5, or 6.
- 8. A method of increasing or decreasing the expression of at least one heterologous nucleic acid fragment in a plant cell which comprises:
 - (a) transforming a plant cell with the chimeric gene of Claim 2;
 - (b) growing fertile mature plants from the transformed plant cell of step (a);
- (c) selecting plants containing a transformed plant cell wherein the expression of the heterologous nucleic acid fragment is increased or decreased.
- 9. The method of Claim 8 wherein the plant is a monocot selected from the group consisting of corn rice, wheat, barley and palm.
- 10. The method of Slaim 9 wherein the plant is a dicot selected from the group consisting of Arabidopsis, soybean, oilseed Brassica, peanut, sunflower, safflower, cotton, tobacco, tomato, potato, and cocoa.
 - 11. The method of Claim 10 wherein the plant is soybean.
- 12. An isolated nucleic acid fragment comprising a constitutive plant SAMS promoter.

